

#### **4.1.2: The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga centre etc.**

The institute focuses on overall development of the students through participation in co-curricular activities and extra-curricular activities. Outdoor and Indoor sports are also encouraged among the students to groom them with qualities like leadership, team spirit and competitiveness in various competitions. Ever Since the inception of the institute, the objective has been to provide holistic experience to the students and the measures have been taken to develop necessary infrastructure to achieve it.

The institute has a well-equipped Gymnasium and fitness centre, Indoor sports complex, swimming pools, Movie Theatre. There are a number of seminar halls and an Open auditorium and Indoor auditorium to conduct cultural activities.

#### **Sports & Games:**

The institute has assigned sports incharge for regular conduction of sports activities. The sports In charge identifies students and trains them and assists them in the chosen games to equip them to participate in University and national level sports events.

The institute has well equipped facilities for indoor sports like Table-Tennis, Carrom, Chess etc. Some of the outdoor sports are also carried out are Badminton, Basketball, Volleyball, Throw ball, Cricket, Football, Kabaddi, Athletic, Shot Put. Individual sports activity like swimming is also encouraged.

#### **Yoga:**

The institute has assigned some space for Yoga and Meditation for improving mental and physical health of faculty and students.

#### **Gymnasium:**

The institute has an in-house gymnasium facility which the faculty and students can avail. The gymnasium has been equipped with the facilities like treadmill, cycle, abdominal bench, Weights and Dumbbells.

#### **Cultural:**

Cultural activities are conducted on different occasions like freshers day, farewell, teacher's day, National Festivals, Annual Festivals, Collages Fests, Music Concert, at the end of the academic year. To bring out the inherent talent of the students, the institute has started clubs like Singing club, Dance club, photography club. The institute also has an open-air lawn and amphitheater where students conduct these cultural programmes.

In addition to cultural clubs, the institute also has some clubs for technical activities like Robotics Club, Coding Club, App Development Club. Students join these clubs depending on their interest and are encouraged to actively participate and showcase their talents and skills. The activities contribute to build the overall personality of the students. Through this club students not only get to participate in these events but also get a chance to organize the events which helps them to extend the range of experiences beyond their comfortable limits. All the

clubs and activities are driven through students' council and provide students with a competitive and encouraging platform for holistic development of the students.

## Play Ground and Related Facilities:

### 1. Availability And Dimensions Of Play Ground --- 02

For Boys C1 No.(5.0 acre , 225 x 76 mts.)

For Girls 01 No.(2.20 acre, 130 x 70 mts.)

### 2. Availability Of Trainer(S) --- 01

Separate Play Ground – A --- common facility --- for Boys & Girls is provided

Separate Sports & Gym --- common facility --- for Boys & Girls is provided

### 3. Availability Of Swimming Pool For Men And Women

### 4. Availability Of Sports Facility / Equipment

#### GYM

BOYS		GIRLS	
Equipment	Qty	Equipment	Qty
12 Station Multi Gym	01	09 Station Multi Gym	01
Tread mill (motorized)	03	Tread mill (motorized)	03
Elliptical Cross trainer	02	Elliptical Cross trainer	03
Spin Bike	01	Recumbent it Bike	02
Bench press tables	02	Upright Bike	02
Neoprint Dumbles	110 kgs	Rowing Machine	01
Weight lifting plates	150 kgs	Fitness Machine (Vibrator)	02

Rods	08	Spin Bike	02
Medicine Balls	04	Height and weight machine	02
Height and weight machine	02	Soccer fuyg boards	02
Vibrator (aerofit)	02	NeoprintDumbles(1Kg To 6 Kgs)	6 sets
Soccer fuyg boards	02		

#### 5. Availability Sports And Games Play Fields

S.No.	Play Fields	Availability of Campus
01	Track and Field Grounds(400 mts)	01
02	Track and Field Grounds(200 mts)	01
03	Swimming pool for Men & Women	01
04	Indoor Badminton courts - With Flood Lights	02
05	Outdoor Badminton courts	04
06	Cricket Fields	02
07	Cricket Net	03
08	Foot ball Field	02
09	Hockey Field	01

10	Tennis Court - with Flood Lights	01
11	Basket ball courts -with Flood Lights	03
12	Volley Ball courts - with Flood Lights	05
13	Volley Ball courts - without Flood Lights	06
14	Throw Ball courts - with Flood Lights	02
15	Throw Ball courts - without Flood Lights	02
16	Ball badminton courts - with Flood Lights	01
17	Kho-Kho courts	02
18	Kabaddi courts with Flood Lights	02
19	Tennikoit Courts	02
20	Table Tennis Boards	08
21	2 ton Hydrostatic Roller	01
22	Squash Court	01



VISHNU INSTITUTE OF TECHNOLOGY  
(AUTONOMOUS)  
VISHNUPUR : BHIMAVARAM

CULTURAL ACTIVITIES





## AUDITORIUM

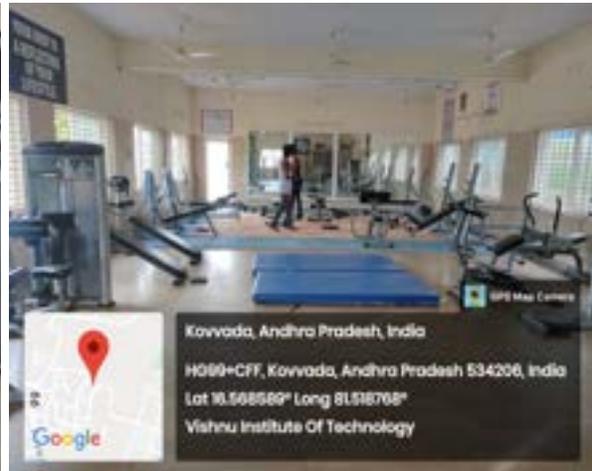
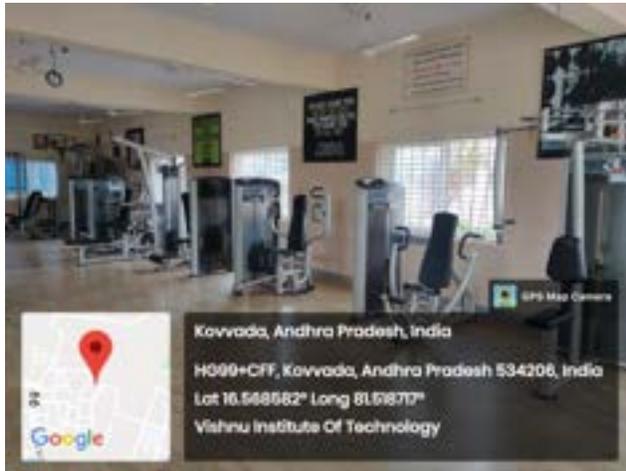
### IN DOOR AUDITORIUM



### OUT DOOR AUDITORIUM



## GYMNASIUM



## SWIMMING POOL



## THEATRE MINI PLEX



## INDOOR SPORTS COMPLEX



## GROUND AREA



## BASKET BALL COURT



## CRICKET PRACTICE NETS

