

#### **4.1.2: The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga centre etc.**

The institute focuses on overall development of the students through participation in co-curricular activities and extra-curricular activities. Outdoor and Indoor sports are also encouraged among the students to groom them with qualities like leadership, team spirit and competitiveness in various competitions. Ever Since the inception of the institute, the objective has been to provide holistic experience to the students and the measures have been taken to develop necessary infrastructure to achieve it.

The institute has a well-equipped Gymnasium and fitness centre, Indoor sports complex, swimming pools, Movie Theatre. There are a number of seminar halls and an Open auditorium and Indoor auditorium to conduct cultural activities.

#### **Sports & Games:**

The institute has assigned sports incharge for regular conduction of sports activities. The sports In charge identifies students and trains them and assists them in the chosen games to equip them to participate in University and national level sports events.

The institute has well equipped facilities for indoor sports like Table-Tennis, Carrom, Chess etc. Some of the outdoor sports are also carried out are Badminton, Basketball, Volleyball, Throw ball, Cricket, Football, Kabaddi, Athletic, Shot Put. Individual sports activity like swimming is also encouraged.

#### **Yoga:**

The institute has assigned some space for Yoga and Meditation for improving mental and physical health of faculty and students.

#### **Gymnasium:**

The institute has an in-house gymnasium facility which the faculty and students can avail. The gymnasium has been equipped with the facilities like treadmill, cycle, abdominal bench, Weights and Dumbbells.

#### **Cultural:**

Cultural activities are conducted on different occasions like freshers day, farewell, teacher's day, National Festivals, Annual Festivals, Collages Fests, Music Concert, at the end of the academic year. To bring out the inherent talent of the students, the institute has started clubs like Singing club, Dance club, photography club. The institute also has an open-air lawn and amphitheater where students conduct these cultural programmes.

In addition to cultural clubs, the institute also has some clubs for technical activities like Robotics Club, Coding Club, App Development Club. Students join these clubs depending on their interest and are encouraged to actively participate and showcase their talents and skills. The activities contribute to build the overall personality of the students. Through this club students not only get to participate in these events but also get a chance to organize the events which helps them to extend the range of experiences beyond their comfortable limits. All the

clubs and activities are driven through students' council and provide students with a competitive and encouraging platform for holistic development of the students.